

Fuse Research Event

Co-producing a culturally appropriate living options framework with older people from South Asian Communities

Culturally appropriate care (also called 'culturally competent care') is sensitive to people's cultural identity or heritage. It means being alert and responsive to beliefs or conventions that might be determined by cultural heritage. Care Quality Commission (2024)

Tuesday 2 June 2026, 10am - 3pm

[The Great Hall, Northumberland Building, City Campus, Northumbria University](#)

About this event

To translate research findings into a service provider-ready culturally appropriate “living options” framework for improving wellbeing, social engagement, and quality of care for older people from South Asian communities.

Who should attend?

Members of South Asian Community; Voluntary, Community, and Social Enterprise (VCSE) organisations; Commissioners; Service Providers, Academics and Researchers.

PROGRAMME

Time	Activity
9.00 onwards	Registration and refreshments
10.00 – 10.15	<p>Introduction to the concept of a “culturally appropriate” Service Provider Competency Framework</p> <ul style="list-style-type: none"> • Dr Zeb Sattar, Assistant Professor in Public Health Policy, Northumbria University • Mrs Farida Rehman, Public involvement and community engagement co-ordinator <p>A Local Authority Perspective on Co-producing Better Care and Wellbeing</p> <ul style="list-style-type: none"> • Rowenna Foggie: Senior Advisor Health and Social Care. Newcastle City Council • Richard White: Co-production Lead. Newcastle City Council
10.15 – 10.45	<p>Research insights on living options for older South Asian Communities</p> <ul style="list-style-type: none"> • Mrs Lesley Bainbridge: Clinical practice expert, Home Group

10.45 – 11.30	<p>Activity One: Why is culturally appropriate care in care homes important in improving health outcomes for older South Asian people?</p> <ul style="list-style-type: none"> • Co-delivered by Dr Zeb Sattar and Sheinaz Stansfield, Research Associate, Northumbria University <p>Postcard/picture/artefacts: How does this resonate with you and why is it important to provide culturally appropriate care in care homes?</p> <ul style="list-style-type: none"> • Discussion • Develop a statement • Share back to the room
11.30 – 11.45	Refreshment break
11.45 – 12.30	<p>Activity Two: The criteria for a culturally appropriate care home framework What should we include a framework for the provision of inclusive care in care homes?</p> <p><i>Consider the statements shared earlier for key priorities:</i></p> <ul style="list-style-type: none"> • Working alone develop some ideas • Share your ideas around the table • Theme them <p>Dot vote prioritisation – over lunch</p>
12.30 – 13.15	Lunch
13.15 – 14.00	<p>Activity Three: How do we add a “personhood” perspective to the criteria identified? Table discussion:</p> <ul style="list-style-type: none"> • Identify 3 key criteria to feedback
14.00 – 14.20	<p>Purpose of the symposium: translating research into practical guidance</p> <ul style="list-style-type: none"> • Simon Luddington: CEO Search Newcastle
14.20 – 14.30	<p>Next Steps</p> <ul style="list-style-type: none"> • Dr Zeb Sattar
14.30 – 15.00	Networking and Close

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